

August 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ATHLETE/PARENT MEETING 7PM	2	3	4	5	6
7	8	9	10	11	12	13
14 PRACTICING STARTS!	15 Varsity Practice 8-9:30am Novice Practice 9:30-11am ALL PAPERWORK DUE!!!!	16 Varsity Practice 8-9:30am Novice Practice 9:30-11am	17	18 Varsity Practice 8-9:30am Novice Practice 9:30-11am	19 Varsity Practice 8-9:30am Novice Practice 9:30-11am	20
21	22 Varsity Practice 8-9:30am Novice Practice 9:30-11am	23 Varsity Practice 8-9:30am Novice Practice 9:30-11am	24	25 Varsity Practice 8-9:30am Novice Practice 9:30-11am	26 Varsity Practice 8-9:30am Novice Practice 9:30-11am	27
28	29 Varsity Practice 8-9:30am Novice Practice 9:30-11am	30 Varsity Practice 8-9:30am Novice Practice 9:30-11am	31			

September 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p style="text-align: center;">1 Varsity 6k 8-10 am</p> <p style="text-align: center;">10am – 1pm Full Team Trailer Unloading/Set-up</p>	2	3
4 ON THE WATER!	5	6 Practice 3:15-5:30 MONEY DUE, OR SITTING ON LAND	7	8 Practice 3:15-5:30	9	10 Practice 9-11
11	12 Practice 3:15-5:30	13 Practice 3:15-5:30	14	15 Practice 3:15-5:30	16	17 Horton Cup
18	19 Practice 3:15-5:30	20 Practice 3:15-5:30	21	22 Practice 3:15-5:30	23	24 Practice 9-11

25	26 Practice 3:15-5:30	27 Practice 3:15-5:30	28	29 Practice 3:15-6:30 Trailer Loading	30	
----	-----------------------------	-----------------------------	----	--	----	--

October 2011						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Orchard Lake
2	3 Practice 3:15-6:30 Trailer Unloading	4 Practice 3:15-5:30	5	6 Practice 3:15-6:30 Trailer Loading	7	8 Columbus
9	10 Practice 3:15-6:30 Trailer Unloading	11 Practice 3:15-5:30	12	13 Practice 3:15-6:30 Trailer Loading	14	15 Speakmon
16	17 Practice 3:15-6:30 Trailer Unloading	18 Practice 3:15-5:30	19	20 Practice 3:15-5:30	21	22 Practice 9-11
23	24 Practice 3:15-5:30	25 Practice 3:15-5:30	26	27 Practice 3:15-5:30	28	29 Practice 9-11

30	31 Practice 3:15-5:30	
----	-----------------------------	--

November 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Practice 3:15-5:30	2	3 Practice 3:15-5:30	4	5 Practice 9-12:30 Trailer Loading
6 Heritage Regatta	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Annual Waiver Submittal Instructions

Instructions

1. **Roster Code GS-481007**
2. Go to <https://www.regattacentral.com/athletes/> where you can enter your Roster Code and submit your waiver.

IMPORTANT: Waivers must be submitted *by the athlete or their legal guardian*. (Coaches are not permitted to submit a waiver on a rower's behalf)

How does this process work?

1. When an athlete enters your Roster Code and their last name the system will attempt to locate their record in your roster. If it is located they'll be prompted to submit their waiver and receive their **free**, non-privileged USRowing Membership ID (Required beginning in 2008 for all USRowing-registered regattas)
2. If the athlete has not yet been added to your roster the system will *automatically* add them. This is an especially helpful and time-saving feature at the beginning of rowing seasons where you may have many new athletes.

Support

- USRowing: Support is available by both [email](#) and telephone (800) 314-4769, weekdays 9am to 4:30pm EST
- RegattaCentral: Support is available by both [email](#) and telephone (614) 360-2922, weekdays 9am to 5pm EST

Returning Rowers: The Following Numbers is your NON-PRIVILEGED USROWING MEMBERSHIP ID

ID	Last Name	First Name
502939	Boczyk	Andrew
541313	Buckeridge	Sarah
360558	Carlson	Jacob
502447	Carter	Sarah
321174	Carter	Tim
297764	Cook	Nate
360559	Dellot	Mitchell
386125	Doa	Michael
426886	Fosdick	Matt
502465	Friman	Ben
502451	Gallegher	Gavin
502464	Girvan	Kyle
426891	Gonzalez	Geoff
541315	Hargrove	Jacob
426870	Kinross	Heather
502976	Kitromeleides	George
502942	Krause	Travis
502940	Makarov	Alyosha
360560	Medvec	Evan
360561	Michaluk	Tommy
502470	Morris	Erik
502941	Mundorf	Alex
502452	Pfeiffer	Haley
386123	Pool	Nathaniel
426884	Reuter	Nic
426883	Roberts	Brad
426872	Stimac	Katie
502963	Theisen	Savannah
426888	Wellings	Ryan
507398	Wolff	Alexis